THE ARTIST'S SURVIVAL KIT

FOR THE REALLY BAD DAYS, FOR THE DAYS WHEN YOU WANT TO QUIT, WHEN YOU FEEL LIKE EVERYTHING YOU DO IS SHIT, WHEN YOU FEEL YOUR SELF ESTEEM PLUMMET, WHEN YOU DECIDE THAT YOU WOULD RATHER WAIT TABLES FOR A LIVING, WHEN YOU START TO THINK YOU WILL NEVER MAKE A LIVING MAKING ART, WHEN YOU ARE WORKING ON SOMETHING AND FEEL LIKE YOU HATE IT MORE THAN YOU'VE EVER HATED ANYTHING IN YOUR LIFE, WHEN SOMEONE MAKES AN OFF-HAND REMARK ABOUT YOUR WORK AND AFTERWARDS YOU FEEL DEJECTED, WHEN YOU WISH YOU HAD GONE TO SCHOOL FOR ACCOUNTING, WHEN YOU START TO BELIEVE THAT MAYBE YOUR FAMILY WAS RIGHT, WHEN YOU WANT TO LIE IN BED FOR A MONTH AND EAT CHIPS. © 2006 KERI SMITH

"WHAT TO DO WHEN YOU'RE STUCK" CARDS

FOR USE DURING A CREATIVE PROJECT

INSTRUCTIONS:

- 1. CUT OUT THE SQUARES ON THE NEXT TWO PAGES.
- 2. PLACE THEM IN A VESSEL OF SOME KIND.
- 3. PULL ONE WHEN YOU FEEL A PIECE IS NOT WORKING, OR IF YOU ARE UNSURE WHAT DIRECTION TO HEAD IN.
- 4. THE CARD MEANING IS COMPLETELY UP TO YOUR INTERPRETATION*.

NOTE: *INTERPRETATION IS DEPENDANT ON MANY FACTORS**
AND WILL BE DIFFERENT EACH TIME YOU APPLY IT.
(**MOOD, PERCEPTION, TIME OF DAY, CHILDHOOD
ASSOCIATIONS, MOON CYCLES, ETC.)

ADD	EXPOSE/DIVULGE	CLEAR	START OVER	DO THE OPPOSITE	DO SOMETHING Else.
USE A DIFFERENT Color	CHANGE TOOLS	LAYER	FAKE IT	BE SPECIFIC	AMPLIFY Mistakes
USE GRID	REPEAT	FAST	STEAL	SIMPLIFY	DELETE
INCORPORATE The Unknown	USE OFFICE Supplies	KEEP GOING	ASK FOR HELP	MAKE TEA	CHANGE Locations
SCRIBBLE	READ A PAGE IN The Closest Book.	MOVE YOUR BODY	USE A CIRCLE	FRAGMENT	SLOW