PRIORITIES CHECKLIST*

(RE: INSTANT PERSPECTIVE)

*REFER ALSO TO MASLO'S HEIRARCHY OF NEEDS

HEALTH	[
FAMILY/FRIENDS	
HOUSE (SHELTER)	
USE OF LIMBS	-
MENTAL FACULTIES	
CLOTHING	1
FOOD	1
NO LOSS OF BLOOD	
ABILITY TO COMMUNICATE	1
FREE WILL	
SENSE OF HUMOR	
PHYSICAL SAFETY	1
ABILITY TO LEARN/INTELLIGENCE	
RECOGNITION OF STRENGTHS	
KECOGNILION OF STRENGIUS	1

PROS	ianna a beoloion,	CONS

REFORE MAKING A DECISION LIST THE

ACCOMPLISHMENTS CARD

FOR THE DAYS WHEN YOU FEEL YOU ARE NOT DOING ENOUGH. INSTRUCTIONS: WRITE DOWN A LIST OF THINGS YOU HAVE DONE

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	IN	N THE LAST YEAR																																					
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THE "I QUIT" CARD

INSTRUCTIONS:

- 1. GO GET A NEWSPAPER.
- 2. READ THE CLASSIFIED SECTION.
- 3. LOOK FOR JOBS THAT WOULD FULFILL YOU.
- 4. CIRCLE THEM.
- 5, COUNT THE CIRCLES.